

# The Power **WE** *Weave*

A GUIDE TO INTENTIONAL, PURPOSE-DRIVEN ACTION





# Hello Beloved.

**The Power We Weave** is a guide to intentional actions that center our energy on resilience, community, and purposeful impact.

In times of uncertainty, we ground ourselves by reconnecting to what truly matters: supporting each other, uplifting aligned businesses, fostering open dialogues, and creating meaningful change in our communities.

Each action on this list is a thread woven together by the Red Threads Collective to form a fabric of strength, integrity, and hope. By committing to these practices, we honor our collective purpose and continue building a future aligned with our values.

Together, we are stronger, more compassionate, and deeply empowered.



Founder, Red Threads Collective



01

### VOLUNTEER FOR LOCAL ORGANIZATIONS:

Actively supporting community programs can make a tangible impact, whether through food banks, shelters, or environmental initiatives.

02

### SUPPORT ALIGNED BUSINESSES:

Intentionally choose to shop from or work with businesses owned by women, people of color, LGBTQ+, and other underrepresented groups. You can take time to learn about the owners and believe them when they tell you who they are.

Tip: Review your current biz partner and shop list and update it as needed.

03

### AMPLIFY VOICES IN NEED:

Use social platforms or personal networks to share perspectives from underrepresented voices, highlighting issues mainstream media may overlook. Start a podcast or add a series to it. Share interviews on your blog. Go LIVE on social media to highlight their work and voices.

04

### PRACTICE MINDFUL CONSUMPTION:

Limit consumption of media that fuels anxiety or stress. Instead, opt for sources that provide balanced insights and encourage positive action.

05

### ENGAGE IN LOCAL POLITICS:

Attend city council meetings or school board gatherings. Run for office. Find ways to contribute to positive changes on a community level.

06

### FOSTER CIVIC EDUCATION CONVERSATIONS:

Create or join spaces to discuss civic education topics, from voting rights to understanding how local government works. Educating ourselves and others builds stronger community foundations.

**07 STRENGTHEN SELF-CARE + COMMUNITY SUPPORT RITUALS:**  
Encourage meditation, journaling, or other reflective practices in collective spaces to help process emotions and renew focus.

**08 PRACTICE ENVIRONMENTAL RESPONSIBILITY:**  
Engage in small actions that collectively make a difference—recycling, reducing waste, and supporting eco-conscious brands.  
Shop thrift first. Host a declutter and donate event in your area.

**09 CREATE SAFE SPACES FOR OPEN DIALOGUE:**  
Host regular conversations within your collective to discuss feelings and strategies, building a support network that fosters resilience.

**10 INVEST IN PERSONAL DEVELOPMENT:**  
Encourage learning, whether through reading, workshops, or self-reflection, to build emotional strength and gain clarity on what can be impacted directly.

**11 HOST SKILL-SHARING CIRCLES:**  
Create spaces where your community can teach and learn from each other - whether it's financial literacy, community organizing, or sustainable living practices. Empowering each other with skills strengthens the collective.

**12 INITIATE COMMUNITY-BASED ART PROJECTS:**  
Art can be a powerful way to channel emotions and inspire change. Consider a collaborative art piece, mural, or virtual gallery that expresses the group's values and vision for a better future.

**13 COMMIT TO MONTHLY ACTS OF KINDNESS:**  
Designate a day each month for small acts of kindness, like writing letters to local leaders, sending gratitude notes, or volunteering together. These gestures can help shift focus toward hope and positivity.

# EMPOWERING QUOTES

"I am not free while any woman is unfree, even when her shackles are very different from my own."  
~ Audre Lorde

"When we do the best we can, we never know what miracle is wrought in our life, or in the life of another."  
~ Helen Keller

"Do not wait for someone else to come and speak for you. It's you who can change the world."  
~ Malala Yousafzai

"One of the most courageous things you can do is identify yourself, know who you are, what you believe in and where you want to go."  
~ Sheila Murray Bethel

"You may not control all the events that happen to you, but you can decide not to be reduced by them."  
~ Maya Angelou